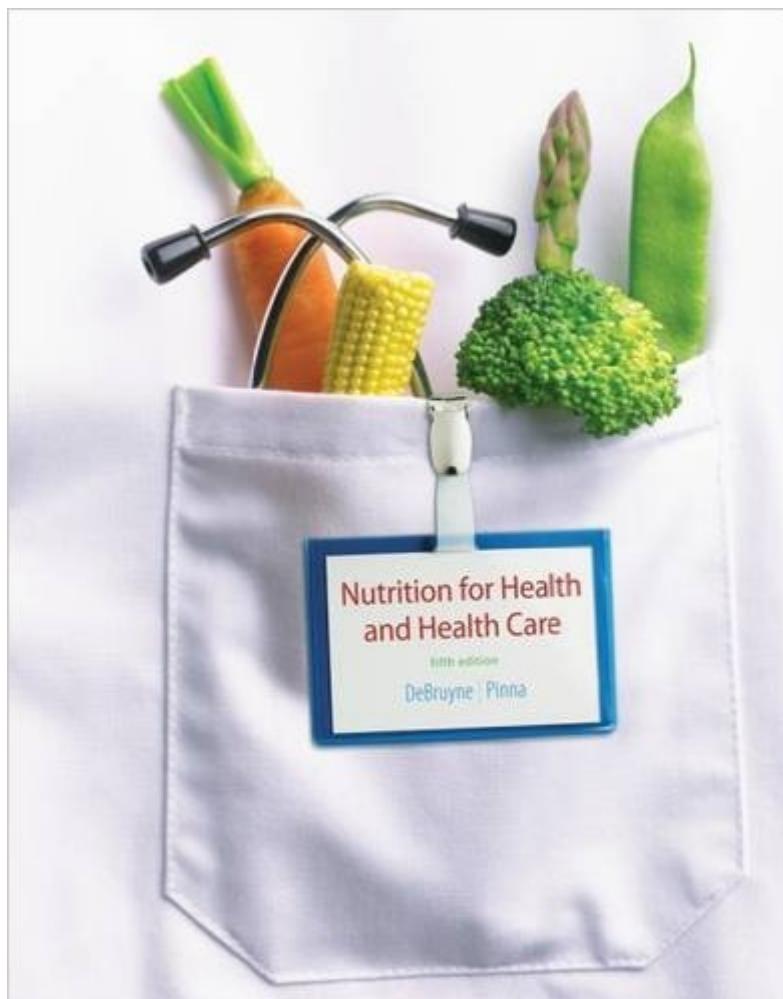


The book was found

Nutrition For Health And Healthcare



Synopsis

Current, practical information in a real-world context for future nurses and health care professionals. Designed for the clinical nutrition and/or diet therapy nutrition course, NUTRITION FOR HEALTH AND HEALTH CARE is a trusted text that demonstrates the important role of nutrition to future nurses and health care professionals in their future careers. The text begins by covering basic nutrition concepts and proceeds with clinical topics organized by organ systems, linking nutrition to different disease states, such as diabetes, renal disease, and liver disorders. Each chapter includes practical information, current research, and clinical practice guidelines for addressing nutrition concerns and incorporating nutrition into care plans. Valuable supplements accompany this text to help instructors prepare for class and to help students succeed in their course.

Book Information

Paperback: 880 pages

Publisher: Cengage Learning; 5 edition (May 31, 2013)

Language: English

ISBN-10: 1133599117

ISBN-13: 978-1133599111

Product Dimensions: 1 x 8.5 x 11 inches

Shipping Weight: 3.5 pounds (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 starsÂ See all reviewsÂ (20 customer reviews)

Best Sellers Rank: #29,729 in Books (See Top 100 in Books) #9 inÂ Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Nutrition #12 inÂ Books > Medical Books > Nursing > Medical Nutrition #18 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nutrition

Customer Reviews

I rented the textbook âœNutrition for Health and Health Careâ• for my Nutrition in Health Care course at the University of Cincinnati. As a nursing student, I found this book to be easy and simple to use. The book is basically broken into two sections, nutrition for health and nutrition for health care. The beginning of the book provides basic information on nutrition for health, which could provide non-academic use to those with a general interest in nutrition. The end of the book discusses nutrition for a variety of disease and disorders and health care. This section provides more in depth information on nutrition and is more for academic use, in which it serves more as a reference to health care professionals and may not be applicable for some people. I found this book

to be extremely easy to read. I don't consider myself much of a reader, but this textbook was easy for me to get through. The text is written in a way that breaks down difficult concepts and is written in simple language that is easy to comprehend. The very front of the book provides a chart of the Recommended Dietary Allowances and Adequate Intakes for water, energy (calories), and nutrients (vitamins, minerals, carbohydrates, protein, fat, etc.). This is very convenient and helpful when searching for this type of information. Rather than searching through the textbook, the chart allows you to quickly find these values. In addition, the chapters are well organized. The textbook starts off with basic information about digestion and macromolecules, moves onto minerals and vitamins, then discusses nutrition throughout the lifespan, and finishes with nutrition for different diseases and disorders.

[Download to continue reading...](#)

The Book on Healthcare IT: What You Need to Know About HIPAA, Hospital IT, and Healthcare Information Technology CHALLENGES OF BIG DATA ANALYTICS APPLICATIONS IN HEALTHCARE: The Future of Healthcare Participatory Healthcare: A Person-Centered Approach to Healthcare Transformation (HIMSS Book Series) Nutrition for Health and Healthcare The Lupus Recovery Plan: Healthy Nutrition To Treat Lupus Naturally (Healthy Nutrition and Living Book 1) Complete Nutrition Guide for Triathletes: The Essential Step-By-Step Guide To Proper Nutrition For Sprint, Olympic, Half Ironman, And Ironman Distances Alzheimer's Disease: Dominate Alzheimer's Sickness With Nutrition Treatment, Brain-Healthy Lifestyle and Herbal Treatment (Alzheimer's Disease Complete ... Nutrition Treatment, Elder Care Handbook) Nutrition in Exercise and Sport, Third Edition (Nutrition in Exercise & Sport) Performance Dog Nutrition - Optimize Performance With Nutrition Beating Cancer with Nutrition: Optimal Nutrition Can Improve Outcome inMedically-Treated Cancer Patients. Krause's Food & the Nutrition Care Process (Krause's Food & Nutrition Therapy) Health Informatics: Practical Guide For Healthcare And Information Technology Professionals (Fifth Edition) (Hoyt, Medical informatics) Essentials of Healthcare Compliance (Health Care Admin) Colon Health and Wellness: The Ultimate Guide to Colon Health the Natural Way (Colon Health, Colon Cleanse, Colon Cancer, Colon Health Guide, Colon Diet, Colorectal cancer, Colon Cleansing) Aha Guide to the Health Care Field 2009 Edition: United States Hospitals, Health Care Systems, Networks, Alliances, Health Organizations, Agencies, ... Association Guide to the Health Care Field) Public Health Nursing - Revised Reprint: Population-Centered Health Care in the Community, 8e (Public Health Nursing: Population-Centered Health Care in the Community) Healthcare Reform and Interest Groups: Catalysts and Barriers in Rural Australia Healthcare Business Intelligence, + Website: A Guide to Empowering Successful Data Reporting and Analytics Hidden Dangers in What

We Eat and Drink: A Lifelong Guide to Healthy Living (Jan de Vries Healthcare) Healthcare Analytics for Quality and Performance Improvement

[Dmca](#)